



Introduction to **BRAIN GYM**

For teachers, parents or therapists

Friday, August 5, 2022

8:30 am to 3:30 pm Cost: \$60

Ann Arbor

Come and join us for a fun, informative introduction to movement-based learning. It is geared for parents, educators, and other professionals who are interested in the brain and learning enhancement.

Katy Held is a licensed Brain Gym® consultant/instructor. She took her first Brain Gym course in 2001 to help her son, who has a disability. She soon realized that this was what she wanted to do when she grew up - share the importance of movement to learning!

She loves to share this great work with kids of all ages.

To register, visit www.purposeful-movement.com or email: katy@purposeful-movement.com

